



Main Line Fly Tyers 2010-2011

VOLUME 7 ISSUE 10

JUNE 21, 2012

"False Albacore – Fly Fishing's Hottest Fish"

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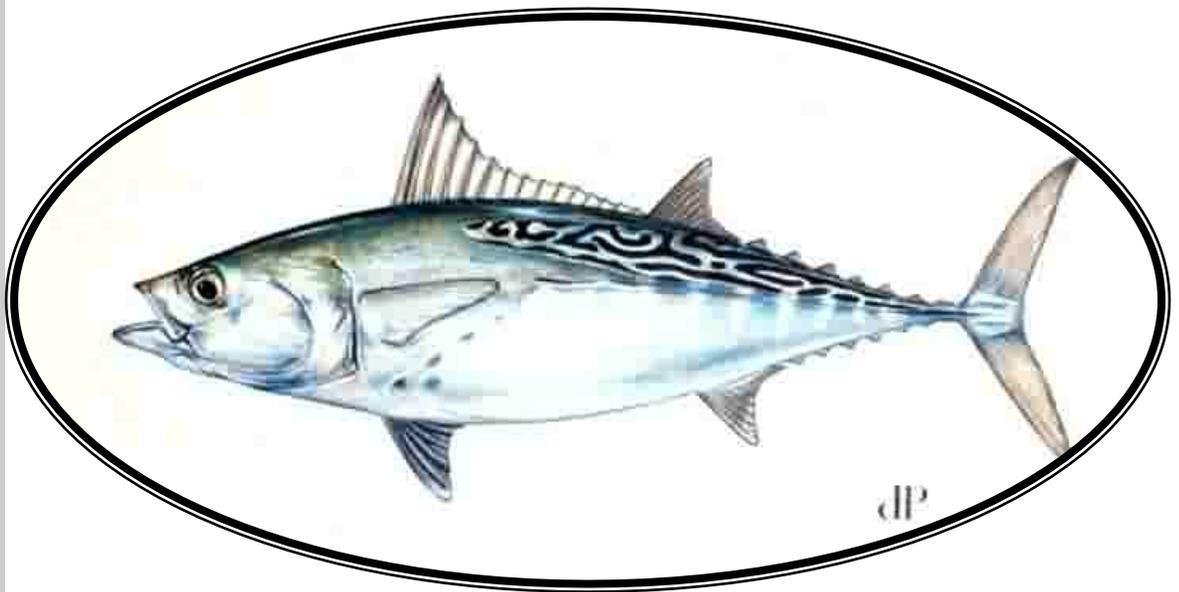
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Nothing you do, short of hooking the bumper of a speeding sports-utility vehicle, will prepare you for the first time you hook into a false albacore. They are by far the fastest, toughest and most challenging inshore fish you will ever run into. Join us this Thursday as Tom Gilmore ,presents a comprehensive look at false albacore; fly fishing's hottest fish. Tom's presentation will include false albacore's biology, migratory patterns, feeding habits, important baitfish and the flies that match them. He will discuss regional hot spots and the tackle and techniques needed to land this ocean speedster .

The program Tom will present was three years in the making, as he traveled the coast from Cape Cod to the Florida Keys fishing and interviewing guides for his book entitled "False Albacore, A Comprehensive Guide to Fly Fishing's Hottest Fish," which was published in the fall of 2002 by Countryman Press.

Visit our website: MainLineFlyTyers.net

Thomas J. Gilmore, President Emeritus, New Jersey Audubon Society

An honorary life member of the Main Line Fly Tyers, Tom Gilmore recently retired after 29 years as president of the New Jersey Audubon Society, the oldest and largest conservation organization in the state of New Jersey. During that time, he led the conservation community through numerous extraordinary environmental achievements including the Highlands Water Protection And Planning Act (2004), preserving some 800,000 acres in northern New Jersey and protecting the drinking water for half the state's population, the Garden State Preservation Trust Act (1999), which provided for a stable source of funding to preserve one-million acres in ten years, and the Freshwater Wetlands Protection Act (1987), safeguarding wetlands throughout the state. These are three of the most significant conservation measures in New Jersey state history.



It's no surprise that Tom has received numerous awards and honors, including the Conservation Medal from the Daughters of the American Revolution, and an Environmental Achievement Award from the Annual Environmental Congress for his work on the Freshwater Wetlands Campaign and New Jersey Environmental Lobby's first Environmental Legacy Award for his work on the Highlands legislation. In 2005, Tom was recognized by The Star Ledger newspaper (New Jersey's largest daily paper) as Winner of the Year for saving the New Jersey Highlands, which was deemed "...the most significant political achievement of the year." In the January 17, 2009 issue of New Jersey Monthly magazine Tom was recognized as one the "101 Most Influential People in New Jersey." In March of 2012 Earth Share New Jersey presented Tom with their Lifetime Achievement Award for his lifetime of commitment to preserving New Jersey's Environment.

In addition to being an accomplished environmentalist, Tom is an avid fly fisherman. His first book, False Albacore, was published in 2002, his second book entitled, Tuna On The Fly, which was published in the Fall of 2006. Tom's third book a Flyfisher's Guide to the Big Apple was published in 2011. He is currently working on an Easter Tailwaters Guide.

Club News

Beginners Fly Fishing Network

We have gotten a lot of new members lately and one of them, Joe Lutes, has suggested that we set up a network for members to get together at some local streams and practice their technique. If you are interested in participating please contact Joe at

Jlutes@Comcast.net

September Meeting to feature fishing tales of the summer time

Take a logbook with you on your summer fishing trips. The format for the first meeting next year in September will feature stories of club member experiences over the summer. We are hoping to have about five or six presenters at the meeting. If you want to show slides or pictures of where you were and the fish you caught that would be great. Try to keep your presentation to about fifteen minutes in length. Contact Steve Nack at snackmd@pol.net if you are interested.

Correction

In last month's newsletter I must of had the old Seattle Seahawks football team on my mind when I thanked Steve Largent for arranging the Penns Creek trip. I meant to say thanks to Steve Larson. I'm sure you all knew what I meant to say. Good Job Steve!

The Club needs flies for shows and charitable donations. Last year we donated several hundred to the Boy Scouts of America and sold hundreds more at the shows. Members are encouraged to bring flies to our meetings. For every six you donate to the Club you will receive a free raffle ticket for that night. (limit two tickets per night.)

This is the last year's last newsletter. Thanks to all who have helped to make this a wonderful year. See you in September.

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Catch and Release Procedures

Studies have shown that the survival rate for C&R when done properly is between 95% and 99%, so you need not feel guilty about catching and releasing the trout.

Where you fish is important if you intend to C&R. You should start by choosing a stream that is clear. Sediment will hamper the fish to “breath” after it is caught. Also, the trout need oxygenated water to live and that is especially important when the trout is stressed after being caught. Do not practice C&R when the water temperature is above 70 or 72 degrees maximum as the survival rate will be impaired. Fish caught in moderate water or slow water are more prone to survive than those caught in swift water.

Always use a single hook fly and a barbless hook is preferred. Use the strongest possible tippet. . Do not use a 7X tippet especially in high water. The correct tippet will permit a fast retrieve of the fish without excessive playing of the fish. Always keep the drag set properly to avoid the necessity of playing the trout too long.

How you play the fish is important. Obviously, you will want to land the trout as quickly as possible avoiding the over stressed condition. Do not increase the playing time for the purpose of photographing the event. Steer the fish toward an area of clear water, not muddy water or water clouded with sediment that has been stirred up by your boots. Gently running clear shallow water without rocks that can damage the trout is preferred. Finally use a knot-less landing net whenever possible.

When handling the trout, squeeze the trout just ahead of the tail while holding it upside down with pressure applied from the top to the bottom of the trout. This pressure will mesmerize the trout as long as it is not applied from side to side. It is best to keep the trout out of the water as little as possible. Using the barbless hook will allow the trout to shake off the hook without the angler touching the trout. Often times, the hook can be backed out of the trout’s mouth without the trout ever coming out of the water. The best approach to handling the trout is to keep it in the water as much as possible. The air pressure is different than the water pressure that it is accustomed to, so time out of the water can damage the internal organs of the trout.

If you must take the trout out of the water, be sure to wet your hands before you touch the trout. This will protect the slimy mucus membrane on the trout. This membrane is important to protect the trout from fungal or bacterial infections. Always, have forceps or needle nose pliers handy to retrieve the hook if it deeper into the trout’s mouth.

Returning a trout to the water is important. Place it gently into the water facing upstream and gently move it back and forth all the while keeping it facing upstream. This will get the water circulating in the gills and will provide the trout with much needed oxygen. At this point, they will usually scoot away in a hurry looking for a cool place to rest such as a large rock. If the fish is not active and tends to go “belly up” or turns on it’s side or sinks to the bottom, do not despair. Just grab the fish gently and move it back and forth some more or poke it gently with your rod tip or with the handle of the net. A slight motion will normally “jump start” the trout into normal activity.

Photographing the fish is something that we all want to do so be careful how you go about it. Decide if you want to take a picture while you are still playing the fish and plan the shot while you are still playing the trout. Have a buddy handy with the camera and be sure that the buddy is familiar with the camera. Do not expect that buddy to learn the camera while the fish is out of the water.

Next, consider the pose. It is best to take a picture with the fish half out of the water being cradled by the angler. It offers a pleasant natural setting and makes it easier on the trout. It is a good idea to turn on the fill flash and take several rapid pictures so you can choose the best one later. If the picture takes too long, place the trout in the water to be refreshed before commencing. The classic hero shot with the head up and the tail down is a good way to injure the internal organs and to increase the mortality rate.

http://www.troutu.com/catch_and_release_procedures

Visit our website: MainLineFlyTyers.net

The Northwest Territories by Rick Say

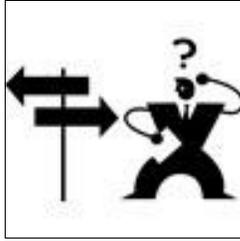


I am sitting on a rocky knoll enjoying a beautiful view of the taiga. Tomorrow morning the planes are supposed to come and take us back to Fort Smith. After 12 days in the bush I probably look like a refugee. I'm covered in bug bites. I lost twenty pounds and my clothes or what's left of them are a wreck. As I sat there my mind wandered through the highlights of the trip. From the pristine beauty of the forests and rivers, the majestic size and clarity of the lakes, the close contact with the wild life, the great fishing and the camaraderie of the group I loved it all. Alex said I have a great attitude. I told him I wished I had brought more clothes. As I sat there I began to mentally plan what would lie ahead: a floatplane trip to Fort Smith, then a flight to Edmonton staying overnight before going on to Minneapolis and Philly. As much as I tried I could not, remember where I parked my car or even what kind of car I had. Boy talk about being in another universe! As a group we are all looking forward to some solid food after two weeks of freeze dried food, peanut butter, crackers and fish chowder. We all said the first thing we would do when we got to town was get a steak. Alex said eat easy or we would get a stomach ache, but nobody believed him.

I didn't sleep at all during the night. It was hot and muggy, then cold and muggy. Hundreds of mosquitos were ganging up at both ends of the tent. Luckily the screens were tight. The sky got real red again and I could hear a loon calling on the lake. About five o'clock in the morning it started to drizzle. When we woke the drizzle stopped and the mosquitos swarmed. The planes arrived about nine o'clock. This time there were only two so we had to cram everything in as best we could. We had to leave two canoes behind. Fort Smith was also warm and muggy. Later in the afternoon a tremendous thunderstorm broke out. I was glad we were not camping in this one.

That evening I had one of the worst stomach aches you can imagine.

THE END



Directions to:

Greater Plymouth Community Center
2910 Jolly Rd, Plymouth Meeting PA 19462
610-277-4312

From Pennsylvania Turnpike (I-276)

Take Exit 333 (Norristown - old exit 25). At the end of the ramp, turn left onto Plymouth Road. At the light, turn right onto Germantown Pike West. Continue approximately one (1) mile, through four (4) traffic lights (not counting the left hand turn light at Sandy Hill Road). At the fifth light, turn right onto Jolly Road. The Community Center is on the right at 2910 Jolly Road.

From Blue Route (I-476)

Take exit for Germantown Pike West (Exit 20). Continue on Germantown Pike west for approximately one (1) mile, through five (5) traffic lights (not counting the left hand turn light at Sandy Hill Road). At the fifth light, turn right onto Jolly Road. The Community Center is on the right at 2910 Jolly Road.

From Route 202

Follow Route 202 to Germantown Pike. Travel EAST on Germantown Pike, through five (5) traffic lights. At the next traffic light, approximately half a mile, turn left onto Jolly Road. The Community Center is on the right at 2910 Jolly Road.

<u>Club Officers</u>		<u>Coordinators</u>	
President :Steve Nack	President@mainlineflytyers.net	Librarian :	Ed Sclarow
Vice President :Chris McGeehan	VP@mainlineflytyers.net	Web Guy :	Mike Ebner
Treasurer :Jim Costello	Treasurer@mainlineflytyers.net	Newsletter :	Rick Say
Secretary :Rick Say	Secretary@mainlineflytyers.net	Refreshments :	Jerry Usatch
			Kathleen McKenzie
<u>Board Members</u>			
Steve Nack	Ed Emery	Raffle :	Ed Emery
Dave Shillington	Rick Say	Unsung Hero's :	Elsa Zumstein
Sam Vigorita	Kurt Griffin		Steve Ellis
Jim Costello	Mike Ebner		Al Katoke
Chris McGeehan			
			<i>Newsletter@mainlineflytyers.net</i>
			<i>Feel free to contact us at any time</i>